

## ABOUT JULIE

I have worked in Special Education for thirty seven years. My main area of specialism and passion is in Sensory Approaches to Learning, understanding sensory processing, sensory integration and regulation strategies. Mentoring staff on understanding sensory behaviours, producing CASP plans – (consistent approaches to support pupils learning) and sensory profiles. Planning with teachers to embed a sensory rich curriculum through themes, topics and stories using high- and low-tech sensory resources, sensory rooms and interactive studios.

I have provided outreach support to many mainstream schools and early years settings on:

- Planning for sensory approaches to learning
- Inclusion strategies
- Support packages and sensory plans
- How to develop a sensory curriculum
- How to create sensory spaces/rooms and environments
- Sensory preferences and aversion profiles with practical strategies to manage daily challenges

I deliver national training for Hirstwood Training, Local training and in 2013 did some International training in Zambia. I have a creative mind and love all things sensory.

## QUALIFICATIONS & COURSES ATTENDED

- NNEB in child development and education
- Further and Adult Education certificate
- SENSE Interveners for multi sensory impaired children and adults
- Sensory Intelligence - making sense of sensory processing
- The science, basis and functions of sensory processing
- Self – regulation and sensory strategies for home and school
- Understanding Sensory Integration Difficulties in Everyday Life
- Making Sense of Autism – raising awareness
- AET schools Autism Progression Framework
- Granny's Basket – a holistic approach to promoting PSED in the early years
- Intensive Interaction
- Sound beam
- Resonance Board
- Routes for Learning
- Desensitisation



# JULIE COWPE-STEPHENS

SIMPLY SENSORY



## CONTACT

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